



2024

VISION
Where all flourishing, with 100,000 hours of volunteering a year of fundraising and activity, and a fully empowered rural FASD workforce

MISSION
Through the use of the experience, the skill and knowledge of our volunteers, we aim to bring support, knowledge, development, and hope to rural FASD members.

CORE VALUES
Belonging: Inclusion, acceptance, building the community and trust through relationships and connections.
Knowledge: Informal & tacit
Gaining and applying the skills, knowledges and resources to build for the wellbeing, resilience and recovery.
Mutual Support
Working alongside each other to create connections, understanding and support.
Compassion
Providing caring responses to people in challenging places for our members.
Hope
Working through in hope to show forward support.

ASPIRATIONAL VALUES
Knowledge: Informal & tacit
Gaining and applying the skills, knowledges and resources to build for the wellbeing, resilience and recovery.
Stewardship
Showing the care, protection and commitment of the future of our members.
Resilience
Facing ahead with our resilience, skills, learning, connections and skills for our members and through challenging times.
Diversity
Supporting the access to reflective and accepting of our diverse community.

STRATEGIC PRIORITIES

1. Developing solutions to generate revenue, to ensure Rural FASD's sustainability over the long term.
2. Supporting people living with FASD with housing and affordability for everyday needs.
3. Providing employment support, through a "walk alongside" model.
4. Providing support to financial management.
5. Supporting the establishment of social skills for long-lasting social connection.

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Rural FASD Support Network

April 14, 2025 Edwardsburg-Cardinal Council

<https://ruralfasd.ca/red-shoes-run-5k-race/>

Video

FASD - What is it



FASD Statistics:

- Impacts 5% of the population
- Linked to trauma, and physical, communicative, sensory, and intellectual disabilities
- 98% of Ontarians living with FASD are undiagnosed and unsupported (Popova, 2024)
- 75-80% of Canadians living with FASD live in poverty (StatsCan 2024)
- In a sampling of 30 municipal job descriptions which only require a high school diploma, [100% of the descriptions](#) were written at a college level or higher.

Rural FASD - Red Shoes Run



July 5 9am-noon- Johnstown 5K timed run with 1k accessible run with Communication Accessibility Theme

Partners: BACF, Brockville CofC, South Grenville PHS, South Ed PS, JMC Renovations, Have Tents, Public Health Unit, Wills Transfer

Ask: With BACF, pay for timing company, in-situ hall, cones, barricades

Wish: Introductions to potential sponsors with focus on hiring people living with disabilities, hotel room, first aid person, grocery store

Rural FASD - Red Shoes Run

